



Mbeya Range, (TZA14)
 Proto Ridge, (TZA23)
 Kitulo Plateau, (TZA10)
 Mount Rungwe, (TZA17)
 Umalila
 Mountains, (TZA30)
 Misuku-Hills Forest Reserves (including Mugesse), (MW12)
 Mafinga Hills, (ZMB1)
 Nyika National Park, Zambia, (ZMB3)
 Nyika National Park, Malawi, (MW16)
 Uzumara Forest Reserve, (MW19)
 Nyika Plateau, (fwMW13)
 MZUZU
 Mtangatanga and Perekezi Forest Reserves, (MW14)
 South Viphya Forest Reserve, (MW18)

Kimani River, (fwTZA2)
 Bulogwa, (TZA2)
 Kipengere Range, (fwTZA3)
 Rububu, (fwTZA10)
 Njombe Forests, (TZA21)
 Livingstone Mountains Forests, (TZA11)

Lake Malawi, Malawi, (fwMW11)